

# Workshop 2: What do bullying behaviours look like?

## Trainer's notes

### Learning Intentions

- To consider how to identify bullying behaviours.
- To use the definition of bullying to help identify these behaviours.

**Time needed** 25 minutes

**Audience** teachers, teacher aides, school staff

**Resources** Bullying scenarios  
Decision cards 'bullying'/'not bullying'  
Powerpoint slides  
[Bullying prevention and response: A guide for schools](#)  
references p11-13

## Workshop

1. Introduce the session and explain that the activities and materials are based on the [Bullying prevention and response: A guide for schools](#).

This workshop is designed to give staff a chance to explore the topic of bullying and the *Bullying Prevention and Response Guide*. It is the second in a series of workshops which help unpack the guide.

2. *Activity 1: Discussion based. 10 minutes.*

Display Power Point Slide – 'What does 'defiance look like?'

Ask participants to spend 1 minute writing their own definition / description of the behaviour 'defiance'.

Then put participants into groups of 4 or 5. The group need to compare their definitions to see how much similarity and difference there is in each of our perceptions of a behaviour (in this case the behaviour of defiance)

Highlight that this would be the same with bullying behaviours – it can be difficult to have a shared understanding of what behaviours are bullying.

**Trainer Note:** It is important that the group do this activity thinking about a behaviour other than bullying before they consider the behaviour of bullying.

Defiance has been suggested here but this could be changed to consider other behaviours such as : aggression, anger, being rude etc.

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3. Show Powerpoint Slide 5 'Definition of Bullying' as a reminder of the key elements of what bullying is.

*Activity: 15 minutes*

**Trainer Note:** These final discussion topic can be explored in more detail in the remaining workshops in this series.

Give out the bullying scenario sheets.

In the same groups of 4 or 5, look at the list of bullying scenarios. Read each scenario and give participants 2 minutes to discuss in their group if they feel it is bullying or not bullying. At the end of 2 minutes each group needs to hold up one of their decision cards 'bullying' or 'not bullying'.