

Acts of kindness

Years

All

Objective:

To help students display positive social skills towards each other and develop a sense of the whole community working together.

Materials:



☐ Large jar or container



☐ Felt pens



☐ Paper

HELPFUL
generous
BE KIND
caring friendly
thoughtful

Method:

- The teacher can introduce this activity by discussing what kindness means in their classroom or school – what it looks like, feels like, sounds like.
- The words for kindness that the students suggest could each be written on an 'Act of Kindness card' using the template provided. This helps foster a sense of ownership by the students. Alternatively, the suggested words on the card template could be used.
- The teacher could ask the class for one or two examples of kindness that the students had seen that week and demonstrate filling out a card based on these examples. Cards are then made available for all students and staff to fill out over the week. Younger students can report acts of kindness to adults or older students, who can fill out the card for them.

This could be:

- shared on individual Acts of Kindness Cards (*see over page*) displayed on a wall in each classroom and/or a common place in the school for all students/staff to contribute to and see
- written / drawn, collected and displayed in a jar
- typed onto a shared page online.
- At the end of the week, hold a celebration to mark acts of kindness seen / recorded across the whole school. Whānau and community could be invited to the assembly where acts of kindness are randomly selected and read out.

Act of kindness at:

This card is given to:

In recognition of an act of kindness, being:

☐ Friendly ☐ Helpful ☐ Caring ☐ Thoughtful ☐ Generous ☐ Other

What did they do?

.....
.....

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