

# Workshop 6: Responding to bullying

## Trainer's notes

### Learning Intentions

- To discuss the range of ways in which schools can respond to bullying when it does occur.
- To consider the strategies and responses that are currently in place in school and consider looking into further strategies.
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**Time needed** 1 hour

**Audience** School senior management, teachers, trustees

**Resources** Powerpoint slides  
Handouts  
[Bullying prevention and response: A guide for schools](#)  
references p54-66

### Workshop

1. Introduce the session and explain that the activities and materials are based on the [Bullying prevention and response: A guide for schools](#).

This workshop is designed to allow participants to explore the ways of responding when bullying does occur and considering the range of responses that are available.

This workshop uses the same scenarios that were used in *Workshop 2: What does bullying look like*. This time the scenarios are used to consider what the responses to the situations could be.

2. Show slide *Strategies for dealing with bullying*. This table provides examples of how to prevent bullying and respond to bullying. This workshop is focusing on responding to bullying.

**Trainer Note:** Research suggests that the most effective way to reduce bullying in schools is to focus on prevention strategies.

For the times when bullying does still occur it is important to have clear response strategies in place and that these are consistent across the whole school.

3. *Activity. Power point slides Responding to bullying*

In small groups use the *Bullying scenario sheet* to discuss the scenarios and how you would currently respond to these situations. Each group should be given a different scenario to discuss. Also ask groups to use the *Responding to bullying behaviour* handout and use the bullying assessment matrix to help decide how to respond to the scenarios.

Discussion questions could include:

- Are we all clear on the system we would use to decide on a response?
- Are we able to respond consistently across the school?
- Do we have a documented system of how we will respond to bullying that can be shared with parents, whānau, new staff etc?

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Share feedback from each group and make a note of the range of responses the school currently have in place.

Do these fall into the main categories of:

- Restorative Methods?
- Method of Shared Concern / Undercover Teams?
- Teaching of social skills for those involved in the bullying behaviour?
- School Sanction Systems?
- Outside agency support?

What do we need to look at next as a school?

#### 4. *Extension activity.*

Additional information regarding the Method of Shared Concern and Restorative Practices have been included in the resources for this workshop.

Following the discussion groups ask for volunteers to investigate either of these responses for future use in your school.

**Trainer Note:** The most common response to bullying tends to fall into the category of using school sanction systems.

This workshop is an opportunity to consider other responses and to consider how these additional responses could be build into your school system.