

# Take a compliment

Suitable for



## Outcome:

To encourage supportive and empathetic skills between students and bystanders.

## Background:

To prevent and reduce bullying there needs to be a whole-school approach and ethos in place.

Real change happens when students, staff, parents and whānau, and other members of the community, share responsibility for making their school a respectful and inclusive environment. Establishing a school-wide expectation for mutual respect and demonstrating what that means in practice makes a difference.



## Materials:



☐ Paper



☐ Pens



☐ Scissors



☐ Tape

## Method:

Ask the class to think of 'compliments' they could say to other students in the school. You could phrase this as 'kind things', 'nice things', or 'supportive things'.

Make these into sheets so that the compliments can be torn off. Sheets can then be put up around the school and in classrooms. Students, staff, parents and whānau can take compliments to give to each other and any other person in their life.

At the end of the week, the whole school could celebrate how many compliments they gave to each other and talk about what it felt like to give and receive a compliment.

## Extension activity:

The compliment sheets could also be displayed around the community so wider community members and whānau can give compliments to each other or students from the school.