



Bullying

Let's talk about it

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What is bullying ?

- Bullying is a unwanted and aggressive behaviour
- Teasing
- Spreading rumors about someone
- Taking or breaking others belongings

Bullying is a unwanted and aggressive behaviour to people who are new to the school or even look like a weak person.

Teasing is one of the types of bullying which is called 'Verbal Bullying' which means people are saying mean things to you or writing it down somewhere.

Spreading rumors about someone is called 'Social Bullying' which involves hurting someone's reputation or even relationships and is also known as 'Relational Bullying'.

Taking or breaking others belongings is known as 'Physical Bullying' which involves hurting a person's body or possessions.

Why do children bully?

- The victim was mean to you now you want to be mean back
- Jealous
- You want respect
- Saying mean things look funny and you want to be noticed

Children bully because....

The victim who you are bullying maybe bullied you sometime ago and now you want to get revenge of them.

Maybe some children are jealous of what other kids have and that why they want to bully them.

Some kids want respect from younger children and that's why they want to bully them so they get respect.

Other kid thinks that saying mean things look funny and they want to get noticed around the whole school.

What can you do to stop bullying?

- Practice intervening when you see other getting bullied
- Go and talk to people who got affected by bullying
- Stand up for others

STOP
Bullying

What can you do to stop bullying...

Some kids practice intervening which means getting involved to help others stand up for himself.

Go and talk to people who were affected by bullying -- is when someone who recently just got bullied and you are trying to talk to them to make them happy and just forget that they have been bullied.

Standing up for others is when you have a friend who is getting bullied and you want to go help him by standing up for him and also for others who get bullied.

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NO TO BULLYING

- Talk about bullying with adults and tell them what is happening
- Talk to a parent, teacher or an adult whom you trust
- Talk to adults and they need to know when the bullying started so they can help further on

Let's talk about it!!!!!!!

When you get bullied talking to an adult and tell them what is happening, is a great way to relieve stress from your mind.

Another thing is talking to a teacher whom you trust and you can tell them anything which can lead them to prevent you from getting bullied.

Lastly talking to adults and telling them when the bullying started can be a great help to you so further on the parent or teacher would help you stand up or even be strong and not get upset.

Statistics of bullying in New Zealand

- 87% secondary students feel safe at school
- 1 in 10 are afraid of being bullied
- 6% report that they get bullied weekly
- 60% year 5 math and science students get bullied monthly
- 24% are being bullied weekly
- 10% year 9 students get bullied weekly as well



Statistics of bullying in New Zealand:

87% of secondary students feel safe at school all the time or even most of the time

1 in 10 students have been afraid of being bullied or getting hurt at school

6% of students report that they are being bullied weekly

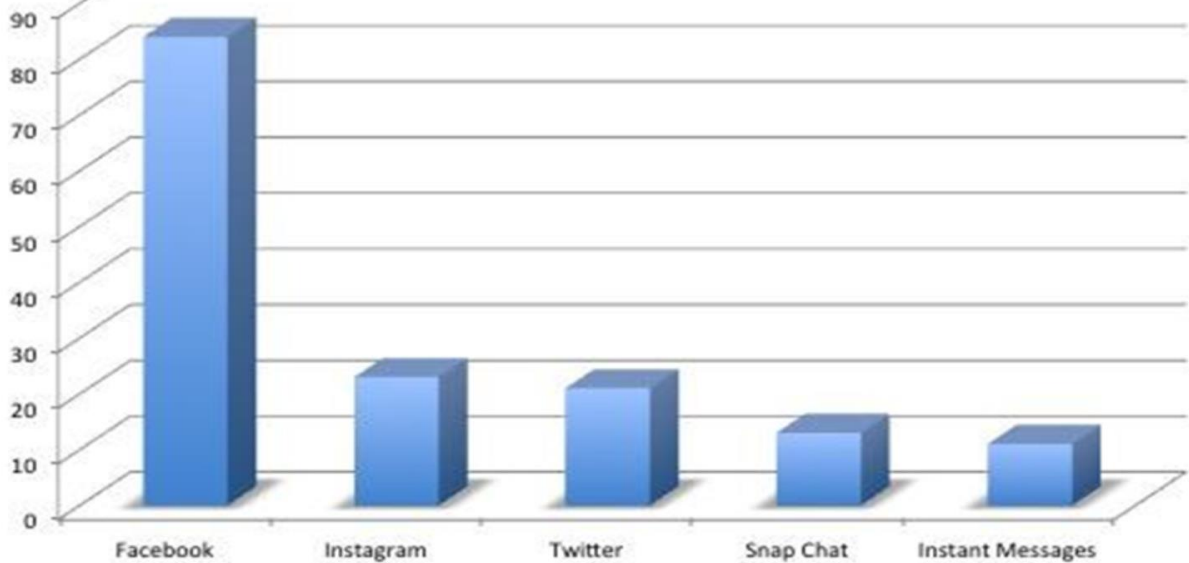
60% of year 5 Maths and Science students are being bullied monthly because of being nerds

24% of students also report that they are also being bullied weekly

10% of year 9 students get bullied almost everyday

Percentage of Where Teens Are Being Cyberbullied

Statistics about cyberbullying



Source: www.pinkshirtday.org.nz/assets/SWAG-2017/PSD-FS3-Bullying-Statistics.pdf
www.stopbullying.gov/what-is-bullying/index.html