

Is it bullying?

Objective:

To help students understand more about what bullying behaviour is in everyday situations.



Materials:



Pens



Paper or student worksheet (see over page)

Method:

Work in small groups or as a whole class.

- Remind students of the definition of bullying:
 - *Bullying is when someone:*
 - Keeps picking on you again and again and tries to make you feel bad.
 - Says or does lots of mean things that upset you.
 - Makes fun of you a lot.
 - Tries to stop you from joining in or make others not like you.
 - Keeps hurting you (like hitting or punching you).
 - *Bullying can happen in person or online. It might be something people can see or it might be hidden.*
 - *If someone behaves in a mean or violent way on one occasion it isn't bullying, even though it's not right. It is also not bullying if you sometimes fight with a friend and you sort it out.*
- Either read out the scenarios on the worksheet (over page) or provide students with copies to complete.
- Explain to students that they need to decide if each action is bullying or not.
- Some examples may raise discussion and disagreement. Ask students to explain to others why they think a specific action fits in a column and invite further discussion.

Answers:

- | | | | | |
|--------|--------|-------|--------|--------|
| 1. Yes | 2. Yes | 3. No | 4. Yes | 5. Yes |
| 6. No | 7. Yes | 8. No | 9. Yes | 10. No |

Student worksheet:

Is it bullying? YES / NO

1	You want to sit next to Jill at lunchtime. Jill tells you that she doesn't want to. She calls you names, starts a rumour and tells everyone not to sit next to you.	YES NO
2	Every day you see a kid taking your friend's snack. Your friend is scared to tell because the kid says he'll beat him up after school if he tells.	YES NO
3	You and your sister fight over clothes. Your Mum tells you to work it out.	YES NO
4	A new girl just joined your class from another country. Your friends say rude things to her, make fun of her English and tell her to go back home. Now she sits alone at lunchtime.	YES NO
5	A friend starts teasing you because you have a reading problem. Every time you read aloud, he laughs and makes fun of you.	YES NO
6	Your older brother has been trying to play flight with you lately.	YES NO
7	At the bus stop some kids have been teasing a boy about how he looks. Now you notice that boy no longer catches the bus.	YES NO
8	Your sister called you a mean name because you took something of hers without asking. Later she says sorry. You say sorry too and promise not to take her stuff without asking.	YES NO
9	Each day at the bus stop an older student takes lunch money from a younger student. The older kid has threatened the younger kid more than once.	YES NO
10	Your friend has a new toy that he brings to school. You really want to play with it, but he doesn't let you.	YES NO