

Be a private detective

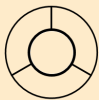
4-8

Objective:

This activity will help students understand the important aspects and various forms of bullying.



Materials:



Copy of *What is bullying? Wheel* (over page)

Source: Adapted from the Education Development Center's Eyes on Bullying (Storey, K., Slaby, R., Adler, M., Minotti, J. & Katz, R., 2008, 2013).

Method:

- Make an A3 copy of the *What is Bullying?* wheel.
- Look at the examples on the wheel and ask your students to add their own. Encourage them to include both actions and words that are delivered face-to-face (directly) and behind people's backs (indirectly).
- Add their answers to the wheel in the appropriate areas.
- Explain that not all these behaviours will lead to bullying (but that doesn't mean they're acceptable either).
- Explain that a behaviour is considered bullying when done on purpose (deliberately), more than once (repeatedly – or has the potential to be repeated), and by someone who uses power unfairly (power imbalance).
- Explain that by recognising bullying-related behaviours early, they can help to stop them before they turn into bullying.
- Ask your class why some students might not want to report bullying.
- Discuss strategies adults and students can use to make it easier for reporting bullying. Suggestions might include helping students and adults take the problem seriously, and ensuring confidentiality.

Find out more...
Read about different
types of bullying
[www.bullyingfree.nz/
about-bullying/different-
types-of-bullying/](http://www.bullyingfree.nz/about-bullying/different-types-of-bullying/)



What's bullying wheel:

